

## course objectives

The overall aim is for candidates to acquire knowledge and practical skills to improve their competency in undertaking general risk assessments under MHSWR. By the completion of the course it is anticipated that the candidate will be able to:

- State the purposes for, and the benefits of, using a risk assessment approach to the management of health and safety.
- State the basic principles of risk assessment and the stages involved in undertaking risk assessments in practice.
- State the key legislative requirements of risk assessment.
- Carry out, record, monitor and review risk assessments within their own working environment (subject to possession of the necessary, relevant, technical knowledge and skill)
- The candidate will become aware of the limitations of their personal knowledge and experience and will know how to resource further information, guidance and assistance.

This will assist candidates to become competent risk assessors utilising their existing knowledge, experience and skills and will provide a foundation for further development.

## who is the course for?

Any individual with a responsibility to conduct risk assessments. Particularly useful for managers and supervisors. Suitable candidates must have good standards of written and oral communication.

## duration / format

This delivery to be undertaken over a one day period. All candidates will have attempted a risk assessment (within their own field of expertise) on their risk assessment paperwork in advance. These risk assessments must be brought to the training day as they form a vital part of the course contents. Candidate failing to provide completed risk assessments will be refused attendance.

## instructor / trainee ratio

Min 1:6 Max 1:12

## awarding body

Cognet Limited  
Certificate of attendance

## course content

- What is Risk Assessment?
- Legislation.
- Duties of the employer and employee.
- Where to gain information.
- Accident Causes and prevention.
- Introducing a safety culture in to a workplace.
- Carrying out risk assessments, guidelines and techniques.
- Practical exercises.
- Workshop evaluation of practical exercises.
- Discussion.

## course requirements / notes

This course is based around a clients existing risk assessment/health and safety documentation. There will need to be consultation with the client to focus the course on their existing paperwork and policies with a view to developing a customer specific course. Delegates will need to have a basic understanding of health and safety issues.

## further information / contact us

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