

Emergency First Aid (Appointed Person)

course objectives

At the end of this course, delegates will be able to:

- Assess emergency situations and carry out appropriate action including informing emergency services
- Carry out artificial ventilations and chest compressions
- Place a casualty into the recovery position and know to use this position
- Clear obstructed airways
- Control severe bleeding
- Recognise and treat shock
- Understand the requirements of a First Aid kit and how to report accidents in the workplace
- Recognise and treat illness
- Deal with burns and scalds
- Recognise and treat fractures

who is the course for?

Those employees nominated to act as an 'Appointed Person' in the workplace, or anyone, who as part of their employment or day to day life require a suitable first aid training.

duration / format

A one day course of 6 hours duration. The course can also be conducted over 2 morning, afternoon or evening sessions.

instructor / trainee ratio

Min 1:6 Max 1:15

awarding body

CTCS
Certificate of Attendance

course content

- Assessing the casualty and situation
- The unconscious casualty
- Cardio-pulmonary Resuscitation (CPR)
- Head injuries
- Choking and asthma
- Severe bleeding
- Shock
- The first aid kit and reporting procedures
- Heart attack, seizures & diabetes
- Burns and scalds
- Fractures

course requirements / notes

Delegates are required to take active participation in the practical demonstrations in order to achieve certification. Delegates should dress appropriately for carrying out floor-based tasks such as CPR.

Training rooms should provide adequate seating and have sufficient clear floor space in which to carry out first aid demonstrations.

further information / contact us

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