

# SYMPTOMS OF ANAPHYLAXIS

## ANAPHYLAXIS

- ▶ Tightening of the throat/difficulty breathing
- ▶ Collapse/loss of consciousness
- ▶ Skin redness
- ▶ Itchy hives
- ▶ Tingling and swelling of hands/feet/eyelids/mouth/lips/genitals
- ▶ Sense of impending doom

## BE PREPARED

Fill in the card on the outside of this leaflet and keep it in your wallet or bag

For free Expiry Alerts, register at [www.alk-lifeline.co.uk](http://www.alk-lifeline.co.uk) or complete the freepost form on the patient information leaflet in your EpiPen® pack. This service will provide you with an easy reminder.

For further information, please visit [www.alk-lifeline.co.uk](http://www.alk-lifeline.co.uk) or contact **ALK-Abelló** on **01488 686016**

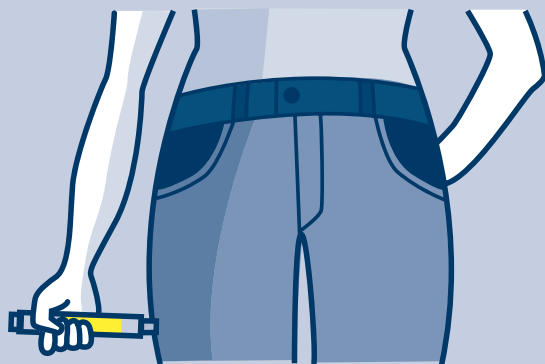
[www.alk-lifeline.co.uk](http://www.alk-lifeline.co.uk)

You should carry your EpiPen® Auto-Injector(s) with you at all times

- ▶ Remember it is important to make sure they are within their expiry dates!



- ▶ Ensure you, your relatives and friends know how and when to use your EpiPen® Auto-Injector(s)
- ▶ Free of charge Trainer Pens and video demonstrations can be found at [www.alk-lifeline.co.uk](http://www.alk-lifeline.co.uk)



Order a Free Trainer Pen



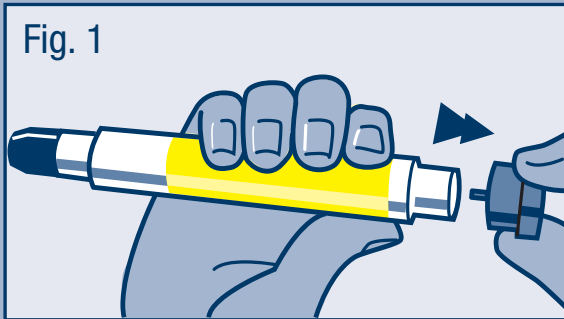
Expiry Alert

[www.alk-lifeline.co.uk](http://www.alk-lifeline.co.uk)

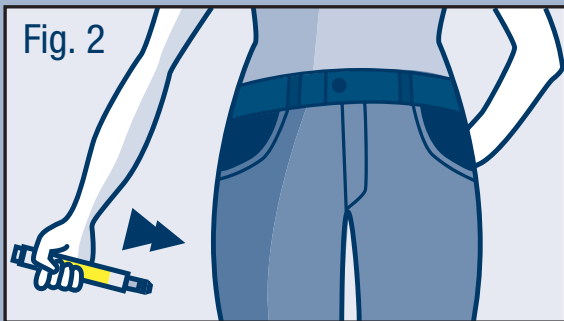
A patient education initiative provided by 

# INSTRUCTIONS FOR USE

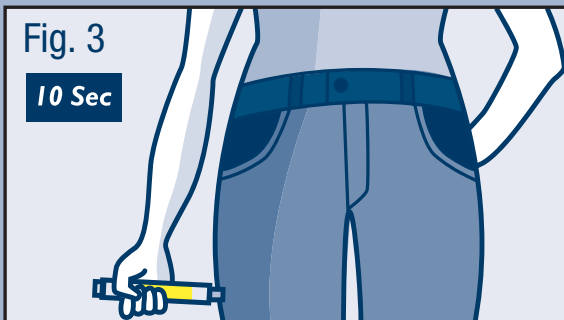
## EpiPen® Auto-Injector:



- ▶ Grasp EpiPen® in dominant hand, with thumb closest to grey safety cap
- ▶ With other hand, pull off **grey safety cap** (Fig. 1)



- ▶ Jab firmly into outer thigh, through clothing if necessary (Fig. 2)



- ▶ Hold in place for 10 seconds (Fig. 3)
- ▶ Massage injection area for 10 seconds

**BE PREPARED:** Administer second EpiPen® Auto-Injector after **5-15 minutes** if patient does not respond or original symptoms return.

# TREATMENT QUICK GUIDE

## ANAPHYLAXIS

Administer EpiPen® Auto-Injector and immediately after administering the EpiPen® dial **999** and say 'anaphylaxis'



Antihistamine when possible



Administer second EpiPen® dose after **5-15 minutes** if patient does not respond or original symptoms return

[www.alk-lifeline.co.uk](http://www.alk-lifeline.co.uk)